

KELLY STOWELL, MSN, APRN, RNFA, FNP-C, AG/ACNP-BC

San Antonio, TX | 254-760-3705 | info@aretohealth.org

Nurse Practitioner | Clinical Content and Medical Review

Dual-certified nurse practitioner with 30 years across emergency medicine, trauma, acute care surgery, orthopedics, urgent care and primary care. Checks clinical content against current guidelines and the primary literature, then rewrites it so a patient or clinician can use it. MS in Technical Communication.

CLINICAL RANGE

Emergency medicine and triage | Trauma and acute care surgery | Critical care procedures | Orthopedics and sports medicine | Urgent care | Adult and geriatric primary and acute care | Pediatric primary care

REVIEW SKILLS

- Fact-checking clinical claims, dosing and data against guidelines and primary sources.
- Verifying citations and catching unsupported claims and fabricated references, including in AI-generated text.
- Rewriting for accuracy, tone and reading level under federal plain-language guidelines.
- Consistent terminology and citation style. Zotero and Mendeley.

EXPERIENCE

Full-Time Clinical Practice 2020-Present

Nurse Practitioner, Primary and Acute Care

- Primary, preventive and acute care for adults and children. Employer details available on request.

Rainier Lifestyle Medicine 2025-Present

Owner, Brand and Communications

- Clinical and patient-facing content for a lifestyle medicine telehealth practice, including its 22-page website and writing style guide.

Dispatch Health 2023-2025

Nurse Practitioner, Mobile Urgent Care (per diem)

- Independent in-home evaluation and treatment of acute illness and minor injury.

Texas Orthopedics, Sports & Rehabilitation Associates, Austin, TX 2019-2020

Nurse Practitioner, Trauma Orthopedics

- ED consults and initial trauma management plans. Fracture care, joint aspiration and injection, and reading of X-ray, CT and MRI.
- First assist for ORIF, external fixation, arthroscopy and joint replacement.

Ascension Seton Medical Center Hays, Kyle, TX 2018-2024

Nurse Practitioner, Trauma and Acute Care Surgery, ACS Level II Trauma Center

- Resuscitation and critical care for trauma activations. Central and arterial lines, chest tubes and intubation.

Integrated Emergency Services, Baylor Scott & White EDs 2013-2023

Nurse Practitioner, Emergency Medicine (per diem)

- Independent evaluation, diagnostic interpretation and disposition across several Central Texas emergency departments.

Baylor Scott & White, Scott & White Medical Center, Temple, TX 2013-2018

Nurse Practitioner, Trauma and Acute Care Surgery, Level I Trauma Center

- Wrote the evidence-based protocols for a new geriatric trauma service: frailty, delirium prevention, medication reconciliation and early mobility.
- Helped write opioid prescribing guidelines on the Pain Management Best Practices committee.
- Chaired the Texas GETAC Trauma Systems subcommittee for Advanced Practice Providers. Received the 2018 Society of Trauma Nurses research grant.

Trauma and Emergency Leadership, Temple, TX

2006-2013

- Nursing Director, Trauma Services, Scott & White Memorial Hospital. Led a Level I re-verification with zero criteria deficiencies and a top-five ACS TQIP ranking. Directed the hospital response to two Fort Hood mass casualty shootings and the West fertilizer plant explosion.
- Nursing Director, Emergency Department, King's Daughters Hospital. Led the department through a 2008 Joint Commission survey with no deficiencies.
- Earlier: ED charge nurse, ICU and ED nurse, paramedic and field training officer.

EDUCATION

MS, Technical Communication	University of Houston-Downtown
Post-Master's Certificate, Adult-Gerontology Acute Care NP	University of Texas at Arlington
MSN, Family Nurse Practitioner	Texas A&M University-Corpus Christi
BS, Psychology (minor in Biology)	University of Mary Hardin-Baylor

LICENSURE AND CERTIFICATION

APRN, Texas (prescriptive authority) | ARNP, Washington | FNP, AANPCB | AG-ACNP, ANCC | RNFA | BLS, ACLS, ATCN, ADLS

TEACHING

- Associate Clinical Professor, Adult-Gerontology Acute Care and Family NP Programs, University of Texas at Arlington, 2017-2020
- Adjunct Clinical Faculty, Associate Degree Nursing Program, Temple College, 2017-2018

AFFILIATIONS AND SERVICE

- American Medical Writers Association | American Association of Nurse Practitioners | American College of Lifestyle Medicine | Gerontological Advanced Practice Nurses Association | American Association of Post-Acute Care Nursing
- Smithsonian Women's Committee, Strategic Communications Committee. Lead copyeditor for the committee's historical manuscript. Content architecture for its Drupal website redesign.
 - Ramsay-Hunt Syndrome Foundation, Advocacy Committee
 - Military Women's Memorial, Arlington National Cemetery